

Day One

Metro Parks, Serving Summit County manages **11,000 acres**, including 14 developed parks, six conservation areas and more than 125 miles of trails, with 22.4 miles of the Ohio & Erie Canal Towpath Trail. Annual attendance averages 4.5 million visitors. The ranger/resource management building in Sand Run Metro Park is the greenest building in the state, according to the U.S. Green Building Council. The building received 55 points – out of 69 – and "Platinum" LEED certification in February 2009.
975 Treaty Line Road, Akron, 44313 • 330.867.5511 • <http://www.summitmetroparks.org/>

In 1997, **Crown Point Ecology Center** began to grow produce for distribution to the *Akron-Canton Regional Foodbank*. Over the last 8 years, Crown Point has donated more than **140,000 lbs** of organic produce to the Foodbank and the farm has expanded to 10 acres. Crown Point also began a Community Supported Agriculture (CSA) program in 1998. This program has grown from 20 families in 1998 to more than 207 families this growing season. The Center's 10-acre Certified Organic farm, woodlands, meadows and wetland-pond ecosystem provide unique, sacred spaces to walk, to meditate and to be inspired by creation. Everyone committed to restoring Earth and creating a sustainable society is welcome at Crown Point.
3220 Ira Road, Bath 44210 • 330.668.8992 • <http://www.crownpt.org/#>

Downtown **Barberton Farmers Market** takes place from June to October. Enjoy the freshest produce from local farmers, baked goods and weekly drawings for Market Shoppers.
564 W. Tuscarawas Avenue, Barberton, 44203 • 330.472.0366 <http://cityofbarberton.com/oc/index.shtml#>

The **Cuyahoga Valley National Park** is *Ohio's only 33,000-acre park* and is among the **11 most visited national parks in the U.S.** It is a refuge for native plants and wildlife, and provides routes of discovery for visitors. Walk or ride the Towpath Trail to follow the historic Ohio & Erie Canal. Beaver in Cuyahoga Valley National Park impounded water to create a rich, diverse wetland in an area that was once an automobile junkyard? The area is now home to herons, turtles, amphibians, and many aquatic plants.
Boston Store Visitor Center, 1550 Boston Mills Road Peninsula, 44264 • 330.657.2752
<http://www.nps.gov/cuva/index.htm>

On Saturdays only, take the **train to Howe Meadow for the Countryside Conservancy's Farmers' Market**. You will arrive at Howe Meadow at 10 a.m. and have 1 hour to shop, sample and enjoy the awesome atmosphere at this locally supported market. Depart Rockside at 9 a.m. and return to Rockside at 12:05 p.m.
4040 Riverview Road, Cuyahoga Falls, 44264 • 330.657.2542 • www.cvcountryside.org

The Farmer's Market in the Falls is now open! The Farmers' Market runs Friday's at Quirk Cultural Center (1201 Grant Avenue.) The market will take place Friday's through October and features loads of fresh vegetables, fruits, natural products and various sundries. Stop by and experience all the benefits of buying locally grown, fresh products before starting your weekend! There will be a diverse selection of products including produce, baked goods, candles, knife sharpening, meats, eggs, and more!
Quirk Cultural Center • 1201 Grant Avenue, Cuyahoga Falls, 44223 • 330-971-8425
<http://cfo.cityofcf.com/web/sites/default/files/imce/parksandrec/farmersmarket.pdf>

Rest your feet at one of **Summit County's hotel properties**. Enjoy breakfast at the hotel before embarking on your next day adventures.
<http://www.visitakron-summit.org/visitors/stay>

Day Two

The Ohio & Erie Canal opened up the frontier settlement of Ohio and provided settlers with a reliable form of transportation to ship products. This unique waterway is being rediscovered as communities seek to celebrate their heritage while stimulating community & economic development. Today, there is renewed interest in the preservation, development and interpretation along the resources of the Ohio & Erie Canal as it extends from New Philadelphia to Cleveland.

47 West Exchange Street, Akron, 44308 • 330.374.5657

<http://www.ohioeriecanal.org/about.html>

The City of Green Farmers Market is held every Tuesday from 3 p.m. to 7 p.m. beginning June 18 through October 8. The market will be held in a new location this year next to the Central Administration Building, 1755 Town Park Blvd. The City of Green is also the home to ten parks on more than 530-acres, Portage Lakes State Park and Myersville Fen is only one of two fens, a type of wetland, in the state of Ohio. Central Administration Building, 1755 Town Park Blvd., Green, 44232 <http://www.cityofgreen.org/farmers-market4>

Hudson Farmers Market's 2013 Summer Season will run through Sept. 28 on the Village Green (corner of Routes 91 & 303), from 9 a.m. to 12:30 p.m. Saturdays. With 35+ vendors, including several who are new to the market, this season (their seventh!) is sure to be their best one yet!

Village of Green (Corner of Rts. 91 & 303, Hudson, 44236 <http://www.hudsonfarmersmarket.org/index.html>)

The Market @ Lock 3 features fresh produce, farm products, art and more! Taste their specialty hot dogs from Lock 3's grille wagon for lunch and enjoy the summer Friday afternoons with FREE use of sports equipment in the Grotto area. Equipment includes bocce sets, Frisbees, corn hole, marbles, kites, gloves and balls. Ride the trolley FREE on Fridays from one end of Main Street to the other – Canal Place to Northside. Lock 3, 200 S. Main Street, Akron, 44308 • 330.374.7676 • <http://www.downtownakron.com/enjoy/the-market-at-lock-3>

Szalay's Farm began in 1931 as a vegetable farm. Now after 81 years and four generations, Szalay's Farm has changed into a specialized sweet corn farm and an old-fashioned farm market that offers a wide variety of fruits and veggies fresh from the fields. There is also an abundance of delicious homemade goodies.

We invite you to stroll through the market and discover the tasty things they have to offer.

4563 Riverview Road, Peninsula, 44264 • 330.657.2727 • <http://szalaysfarm.com/>

The Countryside Farmers' Markets (CFM) are unique, producers-only farmers' markets established and managed by the Countryside Conservancy (CC.) Their markets are also unique in that they are situated in remarkable locations: Howe Meadow in Peninsula, nestled in the middle of the Cuyahoga Valley National Park; Highland Square, a thriving urban, walkable community in West Akron; and in the winter they are found indoors at Old Trail School, a private school within the Cuyahoga Valley National Park that emphasizes sustainability throughout their curriculum. They connect communities and farmers, provide alternate market choices, and create venues that foster civic engagement through fun and informal education.

2179 Everett Road, Peninsula, 44264 • 330.657.2542 • <http://www.cvcountryside.org/index.php>

For more information and itinerary ideas regarding things to do and see in Summit County, please visit www.visitakron-summit.org.